

## Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/01/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/02/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Site: Guthrie High School  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/02/2024</b>								
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/03/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/06/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18

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Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/06/2024</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/07/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/07/2024</b>								
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/08/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/09/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/09/2024</b>								
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/10/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/13/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/14/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/14/2024</b>								
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/15/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/16/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/16/2024</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/17/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/17/2024</b>								
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/20/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/21/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72

## Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/21/2024</b>								
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/22/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30

## Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/23/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/24/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/24/2024</b>								
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/27/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/28/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18

## Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/28/2024</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/29/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/29/2024</b>								
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/30/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/31/2024</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie High School  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY23-24 Taste4 - Nacho - MTO - ServingDate: 05/31/2024</b>								
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.60	0.04	0.01	0.00	72.88	1.78	0.30

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch  
 Site Group: Taste4  
 Menu Line: T4-Mexico/Fiesta/Nacho  
 Serving Group: 9-12  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.